Dear Patient:

On behalf of Atrius Health, I want to welcome you to our practice and thank you for selecting us for all of your primary and specialty care needs. We are wholly committed to helping you meet your health goals. We are delighted that you have chosen Atrius Health!

In this letter, I would like to take a quick moment to share some important aspects of our practice and highlight some helpful resources available to you as our patient.

**PRIMARY AND SPECIALTY CARE: OUR CLINICIANS**

With a focus on your overall health and wellness, our physicians, nurses, and physician assistants work together in teams to coordinate all your care needs and help you meet your health goals. Your primary care team works with you to ensure you are up-to-date with all recommended health screenings and immunizations, and they will also be available to you to provide medical advice and treatment whenever you are not feeling well. Most of our offices have on-site laboratory, pharmacy and imaging services for your added convenience.

Should you need specialty care, we will gladly refer to our outstanding team of Atrius Health specialists representing more than 50 medical and surgical specialties. Our specialists are affiliated with and practice at local world-class hospitals and many serve as faculty members for local medical schools. Our specialists are conveniently located in the same offices as primary care and have access to all of the same on-site services. In special instances, we may need to refer you outside of Atrius Health to an established network of trusted preferred specialists. In every case, we are committed to ensuring your clinical care is well-coordinated.

**URGENT CARE AND MORE: CALL US FIRST 24/7**

Since we understand that healthcare is a 24 hour/7 day a week need, our practices are built to meet your needs – whenever you need us. Even after our offices are closed, just call your primary care provider’s office number and follow the prompts to be connected to our after-hours medical team. They have access to your medical record and can answer your questions and provide medical advice. They can write you a new prescription and send it electronically to an open pharmacy at 2 am in the morning. They can even help you schedule a follow up appointment with our practice for the following day. If appropriate, they can direct you to a preferred urgent care or emergency room as needed. We offer evening, weekend, and holiday urgent care appointments at several of our offices. So, if you are not feeling well, please remember to call us first – at any time of day!

To help make your care even more convenient, we would also strongly encourage you to sign up to communicate with us online through our patient portal called MyHealth Online. Through your home computer or personal mobile device, you can view your medical record and see recent lab results, schedule or change your appointments, and securely email your providers. It is a great way to save time. We’ve included additional information about MyHealth in this packet including how to get the mobile app version.
HOSPITALS/EMERGENCY DEPARTMENT CARE: OUR NETWORK

At some point in all of our lives, we will need care at a local hospital. Atrius Health has longstanding relationships with many of the best hospitals in the greater Boston area that are committed to providing high quality health care. As an Atrius Health patient, you will be able to take advantage of our trusted network of preferred hospitals, skilled nursing facilities and visiting nurse services. Our network is built on shared commitment to high quality, patient centered care. Our preferred hospital partners have shared information systems and processes that are collaboratively designed to ensure you continue to receive high quality, coordinated care throughout our network. These investments in automated electronic communication enables us, whenever you are seen in a local emergency room, to proactively reach out to help you coordinate your follow up care. Please see our included list of trusted preferred hospitals to know where these services are available to you.

WHAT TO DO BEFORE YOUR FIRST APPOINTMENT

Finally, to help you get the most out of your first appointment, I would ask you to do three key things in advance:

- Please complete and return the attached “Authorization to Obtain Medical Record” to your last doctor. Without this form, your last doctor is unable to send Atrius Health your prior medical records.

- Please take a look at the enclosed materials for how to activate and use your free MyHealth Online account. Once you set-up your account, send a message to your PCP to let them know you are on MyHealth.

- Please visit the New Patients section at www.atriushealth.org (look at the bottom of the home page in Quick Links) for more detailed and helpful information about all the services we offer and the benefits of being an Atrius Health patient. If you can’t find something, please ask us!

I hope you have a better idea of how committed we are to your health and well-being. We are excited to have this opportunity to serve you. Thank you again for entrusting us with your care. Welcome to Atrius Health!

Joe Kimura, MD
Chief Medical Officer
Specialty Care at Atrius Health: Coordinating Your Care

At Atrius Health, we are delighted to offer you a system of connected care to keep you healthier. Our primary care providers (PCPs) refer patients to our expanding team of specialists within Atrius Health or to a limited group of trusted specialists from outside offices with whom they have strong working relationships and shared systems to ensure you can access the benefits of this connected care. Our comprehensive approach offers significant benefit to you in quality of care, safety, patient experience, and cost-effectiveness. Coordinated care among providers through a shared medical record can reduce duplicate tests, speed communication, help avoid potentially adverse medication interactions, and allow for added services like urgent care, 24/7 access to a clinician by telephone, and the MyHealth Online patient portal.

Today, our practice has outstanding board-certified specialists in more than 50 specialties including allergy, cardiology, dermatology, ENT, endocrinology, fertility, gastroenterology, neurology, ophthalmology/optometry, orthopedics/sports medicine, oncology, pain management/spine, physical therapy, surgery, urology and many more. Many of our specialists are affiliated with and practice at leading hospitals, have faculty appointments at Harvard Medical School and other academic teaching institutions, and participate in research activities.

We are expanding specialty appointment capacity to make access even faster and have recently added online appointment scheduling in several departments for added convenience. We offer innovative care delivery options in several specialties, including real-time electronic consults with some specialists from your PCP’s office, visits at home that can help to avoid emergency department visits when appropriate, and other forms of telemedicine.

Our PCPs and specialists work together to coordinate your care by:

- Referring you to a preferred group of leading hospitals, skilled nursing facilities, and home health and hospice agencies that collaborate with Atrius Health to effectively manage your care when and where you need it
- Participating in a system of information exchange with our preferred hospital partners to help them know when you are in the emergency room or are discharged from the hospital
- Collaborating with our care facilitators, case managers, clinical pharmacists, and others who have access to your medical record when needed and can provide special services to support your care

The questions and answers in this section will better explain questions about the referral process at Atrius Health.

Frequently Asked Questions About Specialty Referrals

To whom will I be referred for specialty care?

If your Atrius Health PCP determines a specialist is needed for your care, he/she will refer you, whenever possible, to a specialist within Atrius Health, or to a limited group of trusted specialists from outside offices in the event we cannot accommodate your need at our practice. Over the last few years, we have significantly expanded our in-house specialty services and continue to improve appointment access to meet your care needs.
It is important to understand that for care that requires a referral Atrius Health does not refer to all of the specialists and hospitals that may be included in your health plan’s network of providers. Unless you are in active treatment elsewhere, or if we are unable to provide you with the appropriate clinical expertise within a clinically appropriate time, you will be referred to an Atrius Health clinician. Similarly when hospital-based care is needed, we refer to our preferred hospital partners. The clinicians at Atrius Health refer within these trusted specialty and hospital relationships to provide you with the most complete and coordinated care.

In Massachusetts, a referral is not required to select an obstetrician, and the same is true for behavioral health services (other than for patients who have Tufts Medicare Preferred HMO as their insurance.) Atrius Health offers a wide range of obstetrical care, including certified nurse-midwives who work collaboratively with our obstetricians. We also have one of the largest out-patient behavioral health teams in the area, along with a broad range of other preferred clinicians we work with in the community.

How does my health plan product (insurance) affect my referrals?

The rules established by the health plans for referrals vary widely by insurance company and product. It is really important to understand the options and restrictions of any health plan before you enroll and to contact the health plan’s member services to learn what is required before they will pay for a test or specialist. If you have a managed care health plan (e.g. HMO), these plans expect your PCP to coordinate your care through referrals and do not allow a patient to make his/her choice of specialists. Your PCP will make the selection of specialists within our preferred relationships that best meet your needs and will then provide the referral. Other types of health plan products (e.g., PPO, POS) may allow you to pay additional costs to see a specialist other than the one recommended by your physician.

If your health plan requires a referral and you choose to see clinicians outside of approved referrals from your PCP, you will likely be responsible for paying the entire bill (not just a co-pay or deductible). Even if your health plan does not require a referral, we strongly suggest that you call your PCP’s office to assess your needs as a first step in considering the right specialty care.

May I request a referral from my PCP’s office after I have seen a specialist or on the same day as my specialist appointment?

At Atrius Health, referrals must be requested in advance of a non-emergency visit with a specialist and we typically require 3 business days to review referral requests. If you choose to see a specialist without the approved PCP referral required by your health plan, it is likely that you will be responsible for payment of the entire bill (not just a co-payment or deductible). Please note that back-dated or same-day referral requests will not be approved by our practice other than for a medical emergency.

What if I am referred to a specialist when I am at another specialist, the emergency room or in the hospital?

You should call your PCP’s office for a referral before seeing a specialist who is recommended by the emergency room or another provider and before following up with a specialist who you have seen at the hospital. This will ensure that we can best facilitate within our connected system any follow-up care that is needed and try to help you to avoid a repeat emergency visit or hospital readmission.

Who do I call if I have a question about a referral?

If you are requesting information about whether a referral is required by your health plan, please call the health plan’s member services at the phone number on your health insurance card. If you have a medical question related to a referral, please call your PCP’s office.
Outstanding Specialty Care at Atrius Health

Our practice has excellent board-certified specialists who are affiliated with and practice at leading community and academic hospitals. Many have faculty appointments at Harvard Medical School and other teaching institutions and also participate in research activities. Our specialties and services include:

- Allergy
- Andrology
- Audiology/Hearing Aids
- Behavioral Health
- Cardiology
- Dermatology
- Developmental & Behavioral Pediatrics
- Ear, Nose & Throat (Otolaryngology)
- Endoscopy
- Endocrinology
- Family Medicine
- Fertility & Reproductive Health
- Gastroenterology
- Genetics
- Geriatrics
- Hand Surgery
- Hand Therapy
- Hematology/Oncology
- Infectious Disease
- Internal Medicine
- Mammography
- Maternal Fetal Medicine
- Menopause Consultation Services
- Nephrology
- Neurology
- Nurse Midwifery
- Nutrition
- Obstetrics/Gynecology
- Ophthalmology
- Optometry
- Orthopedics/Sports Medicine
- Palliative Care
- Pediatrics
- Pharmacy
- Psychiatry, Spine and Pain Management
- Physical Therapy
- Podiatry
- Radiology/Imaging
- Rheumatology
- Surgery
- Travel Medicine
- Urgent Care
- Urogynecology
- Urology
- Vascular Surgery

Leading Community and Academic Hospital Partners

Atrius Health works collaboratively with a group of preferred hospitals with whom we’ve established shared systems and processes to ensure that we stay connected with the care you receive in the hospital and that you have a well-coordinated post-discharge treatment plan. Please note that our preferred academic teaching hospitals are primarily Beth Israel and Lahey-affiliated facilities and we generally do not refer to Brigham and Women’s Hospital or Massachusetts General Hospital unless clinically necessary.

Beth Israel Deaconess Medical Center
Beth Israel Deaconess Hospital – Milton
Beth Israel Deaconess Hospital – Needham
Beth Israel Deaconess Hospital – Plymouth
Mount Auburn Hospital
Lahey Hospital & Medical Center
Beverly Hospital

Winchester Hospital
Lowell General Hospital
South Shore Hospital
Emerson Hospital
Mass Eye & Ear
New England Baptist Hospital
<table>
<thead>
<tr>
<th>Practice Location</th>
<th>Phone Number</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beverly – Harvard Vanguard</td>
<td>(978) 927-4110</td>
<td>M-F: 7:30am-5:30pm</td>
</tr>
<tr>
<td>Bourne – PMG Physician Associates</td>
<td>(508) 743-9543</td>
<td>M, T, Th &amp; F: 8:00am-5:00pm, W: 8:00am-7:00pm</td>
</tr>
<tr>
<td>Braintree – Harvard Vanguard</td>
<td>(781) 849-2400 (IM A) (781) 849-2405 (IM B)</td>
<td>M-F: 7:30am-5:00pm</td>
</tr>
<tr>
<td>Burlington – Harvard Vanguard</td>
<td>(781) 221-2600</td>
<td>M-W and F: 8:00am-5:00pm, Th: 8:00am-7:30pm</td>
</tr>
<tr>
<td>Cambridge – Harvard Vanguard</td>
<td>(617) 661-5100</td>
<td>M-F: 8:00am-6:00pm</td>
</tr>
<tr>
<td>Chelmsford – Harvard Vanguard</td>
<td>(978) 250-6100</td>
<td>M-Th: 8:00am-8:00pm, F: 8:00am-6:00pm</td>
</tr>
<tr>
<td>Chestnut Hill/West Roxbury – Harvard Vanguard</td>
<td>(617) 541-6520 (IM A) (617) 541-6505 (IM B)</td>
<td>M: 8:00am-7:00pm, T-F: 8:00am-6:00pm</td>
</tr>
<tr>
<td>Concord – Harvard Vanguard</td>
<td>(978) 287-9350</td>
<td>M-F: 8:00am-5:00pm</td>
</tr>
<tr>
<td>Copley – Harvard Vanguard</td>
<td>(617) 859-5101</td>
<td>M-F: 8:00am-6:00pm</td>
</tr>
<tr>
<td>Dedham – Dedham Medical</td>
<td>(781) 329-1400</td>
<td>M-F: 8:30am-5:00pm</td>
</tr>
<tr>
<td>Kenmore – Harvard Vanguard</td>
<td>(617) 421-8843 (IM4) (617) 421-5804 (IM6)</td>
<td>M-Th: 7:30am-6:30pm, F: 7:30am-5:00pm</td>
</tr>
<tr>
<td>Kingston – PMG Physician Associates</td>
<td>(781) 585-2172</td>
<td>M: 8:00am - 5:15pm, T/W: 7:30am - 5:15pm, Th/F: 8:00am - 5:00pm</td>
</tr>
<tr>
<td>Medford – Harvard Vanguard</td>
<td>(781) 306-5130</td>
<td>M-F: 7:30am-7:00pm</td>
</tr>
<tr>
<td>Needham – Harvard Vanguard</td>
<td>(781) 726-4800</td>
<td>M-F: 8:00am-5:30pm</td>
</tr>
<tr>
<td>Norwood – Dedham Medical</td>
<td>(781) 329-1400</td>
<td>M-F: 8:30am-5:00pm</td>
</tr>
<tr>
<td>Peabody – Harvard Vanguard</td>
<td>(978) 977-4210</td>
<td>M-Th: 8:00am-6:00pm, F: 8:00am-5:00pm</td>
</tr>
</tbody>
</table>

(continued)
### Internal Medicine and Family Medicine

#### Phone Numbers and Hours

<table>
<thead>
<tr>
<th>Practice Location</th>
<th>Phone Number</th>
<th>Hours</th>
</tr>
</thead>
</table>
| Plymouth – Cordage Park – PMG            | (508) 747-1443 | M-W: 8:30am - 5:00pm  
th: 8:30am - 1:00pm  
F: 8:30am - 4:00pm |
| Plymouth – Court Street - PMG             | (508) 746-7543 | M-F: 8:00am – 5:00pm                                              |
| Plymouth – Pine Hills – PMG              | (508) 224-2224 | Family Medicine  
M, T, Th, F: 8:00am – 5:00pm  
Internal Medicine  
M: 8:00am – 6:30pm  
W & Th: 8:00am – 5:00pm  
F: 9:00am – 5:00pm |
| Post Office Square – Harvard Vanguard     | (617) 654-7200 | M-F: 8:00am-6:00pm                                                  |
| Quincy – Granite Medical                 | (617) 471-0033 | M-F: 8:00am-5:00pm                                                  |
| Quincy – Harvard Vanguard                | (617) 774-0840 | M-F: 8:00am-6:00pm                                                  |
| Somerville – Harvard Vanguard            | (617) 629-6350 (IM)  
(617) 629-6260 (Family Medicine) | M-Th: 8:00am-6:00pm  
F: 8:00am-5:00pm |
| Watertown – Harvard Vanguard             | (617) 972-5230 | M-F: 8:00am-6:00pm                                                  |
| Wellesley – Harvard Vanguard             | (781) 431-5220 | M-Th: 7:30am-7:30pm  
F: 7:30am-6:00pm |
| Weymouth – Libbey Parkway                | (781) 682-0630 | M-F: 8:00am-5:00pm                                                  |

Please note that the information above indicates the **hours during which patients are seen in each department**. Department phones are typically answered directly from 8:00am until 5:00pm, Monday through Friday, after which calls are transferred to our central, after-hours medical advice staff.
**WEEKDAY Urgent Care Information**

If the times offered at your usual practice site are not convenient, Atrius Health patients may receive weekday care at any of the locations below.

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Availability</th>
<th>Contact Information</th>
<th>Operating Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Boston</strong></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Harvard Vanguard – Kenmore</td>
<td>133 Brookline Ave. (617) 421-1112</td>
<td>Adults Only (18 years and older)</td>
<td>By Appointment and Walk-ins Welcome (Open to the Public) Monday - Friday: 8:00am – 8:00pm</td>
<td></td>
</tr>
<tr>
<td><strong>Braintree</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Harvard Vanguard – Braintree</td>
<td>111 Grossman Drive</td>
<td>Adults Only (18 years and older)</td>
<td>By Appointment                              Monday - Friday: 10:00am – 8:00pm</td>
<td></td>
</tr>
<tr>
<td><strong>Norwood</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dedham Medical – Norwood</td>
<td>1177 Providence Highway (Rt 1 S)</td>
<td>Adults Only (18 years and older)</td>
<td>By Appointment (Atrius Health Patients Only) Monday - Friday: 8:00am – 8:00pm</td>
<td></td>
</tr>
<tr>
<td><strong>Plymouth – Cordage Park</strong></td>
<td>PMG Plymouth – Cordage Park 10 Cordage Park Circle 508-747-2547</td>
<td>Adults Only (18 years and older)</td>
<td>By Appointment (Atrius Health Patients Only) Monday - Friday: 9:00am – 7:30pm</td>
<td></td>
</tr>
<tr>
<td><strong>Somerville</strong></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Harvard Vanguard – Somerville</td>
<td>40 Holland Street (617) 629-6032</td>
<td>Adults Only (18 years and older)</td>
<td>By Appointment (Atrius Health Patients Only) Monday - Friday: 10:00am – 8:00pm</td>
<td></td>
</tr>
<tr>
<td><strong>Wellesley</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Harvard Vanguard – Wellesley</td>
<td>230 Worcester Street</td>
<td>Adults Only (18 years and older)</td>
<td>By Appointment                              Monday - Thursday: 8:00am – 7:30pm, Friday: 8:00am - 5:00pm</td>
<td></td>
</tr>
</tbody>
</table>

*Please note:* as hours can sometimes change, please check our website for the most up-to-date information about our weekday and weekend/holiday urgent care information at [www.atriushealth.org/patient-information/need-urgent-care](http://www.atriushealth.org/patient-information/need-urgent-care)
<table>
<thead>
<tr>
<th>Location</th>
<th>Location Details</th>
<th>Operating Hours</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Boston</strong></td>
<td>Harvard Vanguard – Kenmore</td>
<td>By Appointment Only</td>
<td>Adults: Saturday and Sunday 10:00am-5:00pm &lt;br&gt;Children: Saturday and Sunday 10:00am – 5:00pm</td>
</tr>
<tr>
<td></td>
<td>133 Brookline Avenue</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Braintree</strong></td>
<td>Harvard Vanguard – Braintree</td>
<td>By Appointment Only</td>
<td>Adults and Children &lt;br&gt;Saturday 9:00am - 4:00pm, Sunday 10:00am - 3:00pm</td>
</tr>
<tr>
<td></td>
<td>111 Grossman Drive</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Chelmsford</strong></td>
<td>Harvard Vanguard – Chelmsford</td>
<td>By Appointment Only</td>
<td>Adults and Children &lt;br&gt;Saturday and Sunday &lt;br&gt;9:00am - 2:00pm (Adults) &lt;br&gt;10:00am – 2:00pm (Children)</td>
</tr>
<tr>
<td></td>
<td>228 Billerica Road</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Concord</strong></td>
<td>Harvard Vanguard – Concord</td>
<td>By Appointment Only</td>
<td>Adults: Saturday and Sunday 8:30am – 12:30pm &lt;br&gt;Children: Saturday and Sunday 8:30am – 2:00pm</td>
</tr>
<tr>
<td></td>
<td>330 Baker Avenue</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Norwood</strong></td>
<td>Dedham Medical – Norwood</td>
<td>By Appointment Only</td>
<td>Adults: Saturday and Sunday 9:00am-5:00pm &lt;br&gt;Children: Saturday 9:00am-3:00pm and Sunday 9:00am – 1:00pm</td>
</tr>
<tr>
<td></td>
<td>1177 Providence Highway</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Peabody/Lynnfield</strong></td>
<td>Harvard Vanguard – Peabody/Lynnfield</td>
<td>By Appointment Only</td>
<td>Adults and Children &lt;br&gt;Saturday and Sunday 10:00am - 2:00pm</td>
</tr>
<tr>
<td></td>
<td>2 Essex Center Drive</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Plymouth – Cordage Park</strong></td>
<td>PMG Plymouth Cordage Park</td>
<td>By Appointment Only</td>
<td>Adults: Saturday and Sunday 9:00am - 5:00pm</td>
</tr>
<tr>
<td></td>
<td>10 Cordage Park Circle</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>508-747-2547</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Somerville</strong></td>
<td>Harvard Vanguard – Somerville</td>
<td>By Appointment Only</td>
<td>Adults and Children &lt;br&gt;Saturday and Sunday 9:00am - 5:00pm</td>
</tr>
<tr>
<td></td>
<td>40 Holland Street</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Wellesley</strong></td>
<td>Harvard Vanguard – Wellesley</td>
<td>By Appointment Only</td>
<td>Adults and Children &lt;br&gt;Saturday and Sunday 9:00am - 3:00pm</td>
</tr>
<tr>
<td></td>
<td>230 Worcester Street</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Authorization to Obtain Medical Records

Patient’s Name: ___________________________________________ Date of Birth: ________________________________________
(Please Print)

Address: ____________________________________________________________
Street ______________________  City ______________________  State ______  Zip ______  Telephone No. ______

I do hereby, authorize ________________________________________________________________
Name of Physician, Facility or Person
Located at _________________________________________________________________
Street ______________________  City ______________________  State ______  Zip ______

to release protected health information, contained in the medical record of the above-named patient to the following:

Atrius Health
Health Information Department
1177 Providence Highway
Norwood, MA 02062

Or submit the information to a confidential fax line: 617-421-3326

Special Authorization for Release of Statutorily Protected Information from the Medical Record

I understand the following categories of information may be in the medical record and SHOULD NOT be released unless specifically authorized as indicated by my checking and initialing each appropriate category.

☐ ______ Abortion  ☐ ______ Behavioral/Mental Health  ☐ ______ HIV/AIDS Results/Treatment
☐ ______ Alcohol/Drug Abuse  ☐ ______ Domestic Violence  ☐ ______ Child/Elder/Disabled Abuse
☐ ______ Rape/Sexual Assault  ☐ ______ Genetic Testing  ☐ ______ Sexually Transmitted Diseases

Information to be released:

Dates of Treatment to be Released: _________ to _________  ☐ Laboratory Result  ☐ X-ray (Reports Only)
☐ Office Notes: _________________________________  ☐ Immunization Record  ☐ Complete Record
☐ Other: _________________________________
Specify Clinician(s)

Purpose of Release:  ☐ Medical Care  ☐ Other: _________________________________

I understand that once this health information is disclosed, the releasing facility cannot guarantee that the recipient will not redisclose my health information to a third party. Such third party may not be required to abide by this Authorization or applicable federal and state law governing the use and disclosure of my health information. I understand that I may refuse to sign or may revoke this Authorization in writing at any time and for any reason and that such refusal or revocation will not affect the commencement, continuation or quality of my treatment. I understand that this authorization will expire 90 days from the date of said authorization unless I provide a written notice of revocation to the releasing facility noted above.

____________________________________  ______________________________________
Signature of Patient or Authorized Representative  Date

____________________________________  ______________________________________
Printed Name of Patient or Authorized Representative  Relationship to Patient
Six easy steps to **ACTIVATE** your personal MyHealth account

---

**Step 1**

Go to [myhealth.atriushealth.org](http://myhealth.atriushealth.org) and click on “Have An Access Code? Activate Now”.

*Note: If you received an Access Code while at your doctor’s office, please use it to activate your account. If you have not applied for a MyHealth account and do not have an Access Code, select “New User? Sign up Now” to complete an application.*

---

**Step 2**

*Your Access Code is: ____________________*

- Enter your Access Code
- Enter your date of birth
- Click “Next”

You may now discard your Access Code - it becomes invalid after it is submitted.

*Note: Do not add this page to your favorites. You will visit this page only once to activate your account.*

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**Step 3**

- Create your personal MyHealth ID
- Create a password (must be typed twice)
- Create a password security hint

Your MyHealth ID and Password cannot be the same. Your password must be 8 or more characters and contain at least 1 letter and 1 number.

You will need to enter your MyHealth ID and Password every time you log into your MyHealth account so save it in a safe place!
Step 4
Enter your E-mail Address (must be typed and retyped for confirmation) and then Click on the “Sign In” button.

Step 5
- Read the Terms and Conditions that appear
- You must agree to the terms and conditions to use MyHealth by clicking the “Accept” button
- Terms and Conditions automatically display. If you do not wish to see them again, check the box next to “Please do not show this page next time.”

Step 6
WELCOME to your MyHealth account!
Add myhealth.atriushealth.org to your browser favorites or log into MyHealth from any page on the Atrius Health website.

If you have been given proxy access to someone else’s record (e.g., a child or spouse), an additional tab or tabs will display on the right side of your profile.

Please open the Messaging tab to send a note to your doctor’s office so the staff know your account is active.

For lost access codes or other technical issues when logging into MyHealth, email MyHealthOnline@AtriusHealth.org or call 617-559-8057 from 8:30 a.m. to 5:00 p.m. Additional FAQs and info are available on myhealth.atriushealth.org.
MyHealth Online Mobile App

Download the “MyChart” App by Epic Systems for iPhone®, iPad®, iPod® touch and Android® phone

MyHealth in the palm of your hand.

Medical Advice
Send request for non-urgent medical advice to your provider’s office

Messages
View and reply to messages from your provider’s office

Appointments
Directly book or request your next appointment, view upcoming appointments and the summary from past appointments

Test Results
View test results that have been released to your MyHealth account

Prescriptions
Request prescription renewals

Health Summary
View a summary of your medications, allergies, immunizations, and more

Billing
View statements and pay balances

Proxy Access
View other accounts to which you have access in MyHealth

You must set up a MyHealth Online account to use this app. To sign up for MyHealth, ask your care team or visit myhealth.atriushealth.org.